



NORTH FRESNO LIONS CLUB

ROAR



Chartered November 3, 1949

We Serve

1917 **105 Years** 2022

March 4, 2023

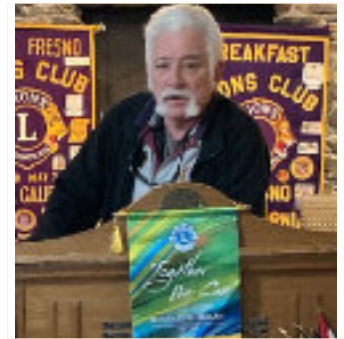
Monthly Newsletter

Lions Support Others in Prison, with Flowers, & at Home

Feb. 13, Lion Tony Kedzior on His Prison Ministry

Lion Tony informed Lions about his current ministry in the Fresno County Jail through the Sheriff's Chaplaincy Program. Tony bases his ministry on the Biblical admonition to feed the hungry, cloth the naked, and care for all in need. He served 21 years as a correctional counselor

with the Calif. Department of Corrections. He continues to give back. He goes once a month to the Fresno County Jail. He talks to the inmates about his faith, gives them hope for recovery from addictions and their lives of crime. He gives Communion to those that wish to receive it and listens to what they wish to share. He hands out Bibles and other books that they want to read to help them on their rehabilitation. He connects them with other resources that can help them. He believes they are all redeemable and tries to help them believe they are redeemable. Thank you, Tony, for your work with the inmates!



NFL President

Lion Keith Ginsburg



Lion Dana Biggs delivers Valentine's Day Flowers to Raise Money for North Fresno Lions

Lion Dana came through for NFL in a "Big" way! She volunteered and delivered flowers for D & L Flowers on Valentine's Day. She turned over her paycheck to the NFL Activity account. Thank you, Dana, for the service and the donation!

NFL will try again on Mother's Day (May 14) and hopefully we can raise even more money for our coffers with more volunteer flower deliverers.



From the President of the North Fresno Lions Club. We have experienced lots of rain in our area but we are still planning events for the Lions in the near future. Blessings to all and stay dry and focused on your Lions club events, and your lions club members.

Update on Sue Davis

Our beloved Sue is still home bound. She would love to see familiar Lions individually at her house. Requirements - you call in advance to her daughter, Kelly Smith, phone # 559-285-4862 to make arrangements, bring her a treat of some sort (Chocolate and Coconut are always good) and bring at least one good joke to share with her. You can also tag along with either Subby or Marilyn when we visit.



Lions News

Feb. 6: Annual Student Speakers Contest

March 11 Beautify Fresno Orchid Park Clean up

On Saturday, March 11, North Fresno Lions will participate in the Mayor's Beautify Fresno Clean up at Orchid Park from 10 am to 12 noon. The Clean up will be along the Herndon Corridor between Marks and Brawley. Lion Aura Partridge will head up the team. Lions participated once before at Lions Park on Marks South of Shaw and even replaced the Lions Park sign which had gotten beaten up with age. Call Aura (559-363-9459) or Marilyn (559-709-8015) to join the fun.

May 6 Hinds Hospice Angel Babies Walk/Run

Over 40 years ago, Nancy Hinds, founded Hinds Hospice Care to ease the transition of those in need of end of life care and those grieving lost loved ones. Seventeen years ago, the Angel Babies Walk/Run was started to celebrate the brief lives of those infants dying in childbirth or through the first year of life. Seventeen years ago, Lion Subby Salanitro got North Fresno Lions involved in the annual event by pledging our support to prepare the hearty breakfast for the hungry runners. This year the event and pancake breakfast service project will be held May 6, Saturday. Subby again is organizing our involvement and will have more details as they become available.

May 4 to 7, 2023 District 4-A2 Convention

Our District 4-A2 Convention will be held in Visalia at the Wyndham in Visalia on May 4 to the 7. New officers will be elected and awards announced. Again it's not too early to mark your calendar.

Three North Fresno Lions attend District Meeting

Lions Dana and Bill Biggs and Kaden Ferretti attended the District Meeting February 24, 25 and 26th. Lion Kaden received an award as a First Responder, and there were exciting galas and important business meetings that the 3 attended to. Dana and Bill reported getting to catch up with many old friends and being duly registered as NFL so they were able to vote for our club.

At the Speakers Contest, Tony Reyes of Fresno County Lions Club stated that \$12,500 was raised for LCIF with Dining in the Dark fundraiser.



Four Clovis West students participated in the annual MD-4 Student Speakers Contest. The topic was "Social Media, Connects Us or Isolates Us." Lion Larry Holody once again did an excellent job getting the participants and judges and conducting the contest! The judges were Pat Ogle, Terry Scambray and Danny Morris - all from different backgrounds and all had served previously. Great job again! NFL also had District visitors for the contest - Zone Chair, Kerri Holquin, Tony Reyes and Michael Gostanian from Clovis Country Lions, and Clovis West speech coach/teacher, Jennifer Oren and Administrator, Anisha Mayberry. As always, participants drew numbers to determine order of speaking. None of the speakers were identified until after the entire competition. As was true last year, all the speakers were from an AP Class for students seeking to become teachers using the topic as a class assignment. The top four speeches from the class competed at our student speakers' contest.

Speaker #1 was last year's winner, Zoe (Skylar) Lopez. Skylar wants to become a music teacher. She focused on the primary social media platforms, Instagram, Facebook, Snapchat, and Twitter first. All of these allow you to share as well as create content. She does not like the cyber bullying that goes on on these sites as they allow the person to remain anonymous. There are no consequences for the aggression and cruelty. She prefers Interpals and Discord, as you have more control over friends and messages you see. They allow connections with others you share friendship or interests with more personal control. She stated 70% of social media arose during the pandemic and did bring people together. Social media is good or bad depending on which sites and how you intend to use it.

Continued on next page...

Feb. 6 Annual Student Speakers Contest explored role of social media

Speaker #2 was Siena Bettini who is currently a junior and wants to attend Ohio State, majoring in Physical Education. Siena stated that 76% of users experience social fears, so the format of allowing likes and loves and comments in social media platforms releases dopamine and can create addictions just like the effect of gambling. As social media use increases, mental health issues increase. Greater use leads to greater unhappiness. Social media use was up by 80% in 2020 from before COVID. The connections are less personal and platforms are tailored to create addictions and increase use and therefore ad revenue. She cautioned individuals and parents need to monitor how much time is spent on social media and learn to manage as it is not going away.

Speaker #3 was Olivia Monson who is a Sophomore and a singer/artist who enjoys performing. She got on Social Media during the pandemic and was severely bullied. It changed her completely. Social media platforms lead to narcissism and a decline in mental health. Users get into people-pleasing, caring too much whether their posts get likes/loves. So much so, she said that she started tailoring her art posts and pieces to specific audiences that she believed would always like her work which stifled her creativity and energy. She also said with so much information about diseases and conditions on

the internet, she and others self diagnose and sometimes even make up having syndromes such as Turret's or tics to get attention and sympathy. She was not totally negative and felt you could make good connections, get important news, and that social media could be positive. It all depends on how you use it and manage the amount and quality that you are on social media.

Speaker #4 was Gianna Howell who wants to be a teacher and loves performing in shows. Dramatically, Gianna stated without social media she would not have been born. Her parents met through social media. Though she commented on the addictive nature of social media through release of dopamine to the brain, she cited mostly beneficial uses. For example, there are 840,000 kidnapped and missing persons in the United States. NYPD and other law enforcement can spread information to help find these people across the planet. Additionally many school children are receiving education to learn how to use technology and seek out websites and applications which allow them to create and share content. They can learn and practice coding mechanics from 5th grade on. Social media is good and beneficial in moderation and to users who receive training and support. People can use it for good, to change lives in a positive way.



Contest Judges (left to right): Danny Morris, Terry Scambray, & Pat Ogle

After all the speakers, the judges tallied the results and speaker #4, Gianna Howell was declared the winner of the student speaker contest. She will compete next at the Zone level and hopefully the Region and District level after that. It again was a terrific contest with excellent speakers from Jennifer Oren's AP Class at Clovis West High School! Thanks to all who contributed to make the contest a success, especially to Larry Holody, Chair!



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 Ways
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MARCH BIRTHDAYS

- 8 Lion Mike Neer
- 9 Lion Patricia Granillo
- 9 Lion Kassandre Clayton
- 22 Lion Keith Ginsburg
- 29 Lion Happy Van Caster

MARCH ANNIVERSARIES

- 9 .. Lion Kassandre Clayton & Willie Johnson
- 15 Lion Sally & Dee Lewis
- 15 Lion Bob & Lidia McCollister

APRIL BIRTHDAYS

- 6 JoNell Price
- 7 Brenda Neer
- 12 Lion Dana Biggs
- 21 Lidia McCollister

COMING EVENTS

MARCH

- 6: LOD:** Vanessa Naba;
Prg: TBA
- 11:** Beautify Fresno Service
Project/Orchid Park
- 13: Board Meeting,** 11:15;
Prior to Meeting, YF Cafe
- 13: LOD:** Kaden Ferretti;
Prg: TBA
- 20: LOD:** Mary De La Torre;
Prg: TBA
- 27: LOD:** Ken Aminian;
Prg: TBA

APRIL

- 3: LOD:** Bernie Sankey;
Prg: TBA
- 10: Board Meeting,** 11:00;
YF Cafe, before mtg.
- 10: LOD:** Subby Salanitra;
Prg. TBA
- 17: LOD:** Kassandre
Clayton;
Prg. TBA
- 24: LOD:** Bob McCollister;
Prg. TBA



**Lions Club
 Meetings in
 Fresno**

Monday
NORTH FRESNO: 12:15 p.m.
 Yosemite Falls Cafe,
 4020 N. Cedar.

FRESNO HOST: Noon, 1st & 3rd
 Yosemite Falls Restaurant, 4020 N.
 Cedar.

FRESNO UNLIMITED : 2:00 pm 2nd
 & 4th Tue, Dennys on Abby

Thursday
EAST FRESNO: Noon, 1st & 3rd,
 Hometown Buffet, 458 W. Shaw,
 Clovis

Thursday
FRESNO PRIDE: 6:00 pm 2nd & 4th
 Roundtable Clubhouse, 5702 N. First

WE SERVE

		<h1>March 2023</h1>					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			1	2	3	4	
5	6 LOD: Vanessa Naba; Prg: TBA	7	8  International Women's Day	9	10	11 Beautify Fresno Service Project at Orchid Park	
12 Daylight Savings Time begins	13 Board Meeting: 11:00am, pre-meeting LOD: Kaden Ferretti; Prg: TBA	14  Tourney starts	15	16	17  St. Patrick's Day	18	
19	20 LOD: Mary DeLaTorre; Prg: TBA 1 st Day of Spring	21  National Crunchy Taco Day	22	23  National Puppy Cake Day	24	25  Int'l. Waffle Day	
26	27 LOD: Ken Aminian; Prg: TBA	28	29	30	31	 Final Four-April 1	



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